



STRONG SWIMMERS CONFIDENT OUTLOOK

Swim Lessons



Water Safety is a very important skill for everyone to learn. Come out and learn to swim with our trained Y Staff!

Start early with our Parent Child Class to familiarize the little ones with water by discovery and exploration. Or if you are an older adult who is seeking to feel secure in the water, we have a class for you too.

Water Basics is available to all ages, and focuses on water acclimation, movement, stamina and stroke introductions.

Stroke Development, also available to all ages, introduces a variety of strokes and works on development and mechanics.

Life jackets and inflatable swimsuits are discouraged. Goggles are optional. The 6 weeks program allows the instructors to properly assess level and move forward to become confident in the water.

Learn to swim at the Y, where we are more than just a gym—we're a cause!

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WHEN:

Wednesdays

Session 1: January 17, 24, 31
February 7, 14, 21

*Deadline to register is January 12th
6:30-7:15 pm Or 7:15-8:00 pm

LEVELS:

Water Basics (Beginner)

- SHRIMP- Parent/Child (ages 6months-3yrs)
- PIKE- (Recommended ages 3-5)
- POLLYWOG- (Recommended ages 6-12)
- ADULT

Stroke Development (Advanced)

- MINNOW- (Recommended ages 6-12)
- ADULT

WHERE:

Salem Middle School Pool

COST :

Member \$35
Non Member \$45

*Deadline to register is January 12th

QUESTIONS:

Kim Beard
(812) 883-YMCA (9622)
Kim@wcfymca.org

REGISTRATION

Swim Lessons

Child's Name: _____

Mailing Address: _____

City, State, Zip: _____

Home Phone: _____

E-mail Address: _____

Birth Date: _____ Age: _____

School: _____ Grade: _____

Sex: M F

Parent 1 Name: _____

Cell Phone: _____

Parent 2 Name: _____

Cell Phone: _____

Emergency Contact: _____

Emergency Phone: _____

Preferred Contact Method: _____

Phone Number to use for text alerts: _____

Sessions/Class Attending:

Water Basics- (Beginner)

Shrimp (Parent/Child) 6:30-7:00

Pike (3-5) 6:30-7:15 7:15-8:00

Pollywog (6-12) 6:30-7:15 7:15-8:00

Stroke Development (Advanced)

Minnow (6-12) 6:30-7:15 7:15-8:00

Adult (All levels) 7:15-8:00

This registration form is complete and accurate, and participant has permission to engage in all activities unless otherwise specified in writing. I understand the Washington County Family YMCA assumes no responsibility for injuries or illnesses which my child may sustain as a result of his/her participation in athletics, the use of any equipment, facilities, exercises, or other activities. I expressly acknowledge that I assume the risk for any and all injuries and all illnesses which may result from his/her participation in these activities. I acknowledge that my child has been medically cleared to participate in vigorous physical activity. I also understand that there is a risk of injury while participating in physical activity by my child. I agree to hold harmless the YMCA, its staff and volunteers for accidents or injuries arising out of his/her participation in the activity. In the event of a medical emergency, I understand that appropriate measures will be made to contact parents, guardians, and emergency contacts listed, however, give permission for the YMCA to contact EMS on behalf of my child for treatment should arise. I understand that I assume the obligations that may arise from this event, should it occur. I also give permission to the personnel of the Washington County Family YMCA and or local media to take photographs of my children to be used in marketing materials for the YMCA. I also acknowledge that in the event of inclement weather, staff illness, or other contributing factors causing a class to be cancelled **by the YMCA**, every effort to make up the class(es) during the week following scheduled semesters' end will be made. In the event that class(es) cannot, or are elected to not, be made up by the YMCA during that time, participants will receive credit towards the upcoming semester, to be utilized for that semester only. Classes missed due to personal factors will not result in credit being issued, or in registration fees being refunded in part or whole. I verify that I have the legal authority to speak on behalf of this minor, and assume responsibilities as stated above.

Parent/Guardian Signature: _____ **Date:** _____

OFFICE USE:

Date _____ **Amt.Pd.** _____ **Receipt #:** _____

Fin. Asist.: _____ **Staff Initials** _____

IMPORTANT INFORMATION:

Times for classes may be altered or classes may be combined, depending on the number of participants. You are not guaranteed the exact time slot you sign-up for.

WE NOW USE REMIND!

Whether it's a reminder about a new session starting or the canceling of a class, we now have a way to send out communication quickly and easily straight to you. Using Remind, our instructors and staff can communicate with our families. Remind can send you a text, email or notification straight to their app when a new notification comes up. Please indicate which phone number you would like for us to contact you at on the registration form.

CONSIDER BECOMING A MEMBER!

Y Members receive many benefits, including discounts on our quality programming! Contact our Front Desk for more details on how a membership can work for you!

*Registration for current and upcoming programs are on a first come, first serve basis. The Washington County Family YMCA strives to serve all, and will institute a waitlist once a session is full. RSVP now to guarantee your spot.