



# PHASED REOPENING FOR THE HEALTH OF OUR MEMBERS

## WASHINGTON COUNTY FAMILY YMCA SCHEDULE

**\*Pending health factors remain positive**

### IN Stage 3 Reopening

**May 24- June 13**

*Y Staff will wear masks and be screened each day. Masks for members are optional. Social Distancing will be practiced and cleaning and sanitation will be performed more frequently.*

**May 24, Sunday-** Wellness center will open from 1pm-5pm

**May 25, Monday-** Memorial day Holiday Hours 8am-12pm

**May 26, Tuesday-** Open with New Hours, adjusted slightly to allow for extra cleaning time.

5:30am-8:30pm M-Th, F 5:30am-7:00pm, Sa 7:30am-5:00pm,

Su 1:00pm-5:00pm

- Wellness center is limited to Washington County Y members only (no guests at this time)
- Wellness Center- limited to 25 members
- Select Group Exercise classes limited to 8 members. Reservations must be made the day of the class by calling our Member Service Desk.
- Virtual classes will continue to be offered live from our YouTube page and ZOOM. Members may subscribe to our You Tube page by clicking the link on our website [wcfymca.org/virtual-workouts](http://wcfymca.org/virtual-workouts)
- 24/7 Access suspended until IN Stage 5 due to lack of monitoring
- Martial Arts classes and Soccer leagues suspended
- Day Passes are suspended, including Senior Citizen Center visits suspended
- Unaccompanied children are not permitted
- Water fountains will be closed, members will need to bring their own drinks. The Y will have some bottles for distribution.
- Day Camp will begin 7a-6pm, M-F with capacity restrictions
- Food Program may begin M-F 11a-12p, open feeding for anyone 18 years and younger. Alternate Date- June 1, 2020.

**May 27**

- Child Watch open, limited to 8 children ages 5+, with 1 hour time limit. Adults must call ahead to reserve space. M-F 4pm-7:00pm, Sa. 9am-12pm

### IN Stage 4 Reopening

**June 14- July 3**

- Soccer Leagues for ages 3-9 may resume in small groups

### IN Stage 5

**July 4 and Beyond**

- 24/7 Access resumes
- Capacity limitations removed
- Guests and visitors welcome
- Martial Arts Classes may resume with limited capacity
- Water Fountains re-open
- Group Exercise classes may resume without restrictions \*65 and older pending

## **WHAT TO EXPECT WHEN RETURNING TO THE Y:**

- 1. Practice Social Distancing– Please keep a 6ft distance between you and your neighbor.**
- 2. Wash your hands frequently with soap and water for at least 20 seconds.**
- 3. Sanitation stations are set up around the facility– please use them frequently**
- 4. Water Fountains will be closed until further notice– please bring something to stay hydrated**
- 5. Staff will wear masks, Member masks are optional**
- 6. Clean all workout equipment and other frequently touched objects before and after every use**
- 7. Cover your face with a tissue or your elbow when you cough or sneeze**
- 8. Wellness Center Capacity limited to 25 members**
  - Every other piece of cardio equipment will be unplugged
  - Leave space between you and your neighbor on strength equipment
  - Notice the floor decals in free weight area to keep you separated from others
- 9. Group Exercise Room capacity is limited to 8 members**
  - Reserve your spot in class by calling the member service desk that same day. One spot per member per call
  - Bring your own Yoga Mat
  - Lock belongings in a locker– bring your own lock
- 10. Locker Rooms– Please bring your own lock and position yourselves with others for social distancing**
- 11. Child Watch**
  - opens May 27, limited to 8 children ages 5+, with 1-hour time limit.
  - Adults must call ahead to reserve space.
  - M–F 4pm–7:00pm, Sa. 9am–12pm
- 12. Call the Y if you have questions before your arrival. Our staff want you to feel comfortable in our environment, as well as keep you informed.**

### **Contact Information:**

Washington County Family YMCA  
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812-883-9622  
[www.wcfymca.org](http://www.wcfymca.org)