



SPRING INTO MOTION

Click to View March 2021 Y-News



FOR YOUTH DEVELOPMENT

PASS. KICK. GOAL!!

Spring is coming & so is the Y's Fundamental Soccer League! Registration for children ages 3-8 who would like to play on Co-ed teams can register through March 18th for our season.



Watch your child build skills beyond the field with Y soccer. The Y gives everyone the opportunity to participate in physical activity regardless of their ability to play or pay. In doing so, we encourage teamwork, the value of participation, skill building, positive self-image, and a sense of sportsmanship. Our Fundamental Soccer Program helps youth learn the basics behind the game of soccer and how to play as a team. These skills are crucial to not only sports, but they are essential life skills.



TEA FOR 2 & GOING ON A HUNT

PRESCHOOL FAMILY ACTIVITY

Our current YMCA preschool families are invited to a day of fun with their teachers! Our girls & 1 female role model in their life are invited to a tea party on March 13th. Our boys & 1 male role model are invited to a dinosaur hunt & Nerf wars day on March 14th.



With the stress the Coronavirus pandemic has brought to the school year, we hope this day will add something special to the school year. Our teachers are excited for this day of fun & cannot wait to spend the day playing tea party & hunting for a dinosaur! We hope this will become new tradition for our preschool program.



Salem Soccer Club

Spring Season

Register by 3/20 @ the Washington Co. Family YMCA
Games begin 4/10 | For students ages 9-15 years



Youth, Co-ed traveling soccer. Traveling teams are lead by volunteer coaches and games day & times vary. Practices are set throughout the week by coaches.

FOR HEALTHY LIVING

LACE UP YOUR SHOES

HIKING CLUB WITH THE Y

If you love nature, love spending time outside & learning about nature, then you need to join the Hiking Club! The Hiking Club will be going on their 1st hike on March 13th!

Each month Kendall Elliott will lead you on a hike that changes from month to month in difficulty & location.

Sign-up now to be a part of March's hike & watch our calendars and social media for each month's hike.



RALLY. RIDE. RAISE.

Rally for the Y is coming in April! Rally for the Y is a fun fundraiser for the YMCA! Espresso, the company that owns our super fun bikes outside the Wellness Center, donates 10 cents of every mile ridden by our Y team in April.



TO PARTICIPATE:

- Go to My.Expresso.com to create an account
- Once an account is created go to "View All Challenges"
- Choose Rally for the Y 2021
- Choose the Washington County Family YMCA as your YMCA of choice.
- When jumping on an Espresso Virtual bike, make sure you log in with the username & password you created.
- Each ride you take that is logged in your name will go towards the overall mileage for the Y & Espresso will send the Y the funds once the month is complete



You can also get your friends & family involved by having them sponsor your rides. They can give you a 1 time gift that goes to the Y or so much per mile!

Espresso allows you to challenge other riders on the same routes, you can ride beside a friend here at the Y or compare times on the same course even after riding on different days.

Our Mission: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

FOR SOCIAL RESPONSIBILITY

MAKE A DIFFERENCE IN YOUR COMMUNITY

WHY VOLUNTEER?

Volunteers distinguish the Y as a place where everyone can take an active role in bringing about meaningful, enduring change in our community.



HOW YOU CAN VOLUNTEER WITH THE Y

- Be a Mentor to Middle and High School Youth
- Help in a Preschool or After School program
- Coach a Youth Sports league
- Facilitate a Book Club or Bible Study
- Lead others in your favorite outdoor activity
- Lead or participate in a Community Clean Up Day
- Help spruce up the Y Facility Indoor or Outdoor

Share your passions with us by completing a YMCA Volunteer Packet at the Front Desk.

Affirmations Give Us ALL The Feels!



This month our staff will be engaging members with our affirmations board. We encourage you to write an affirmation, goal, or positive note about yourself on our board each time you come in. Be inspired by how others view themselves & think in a positive light today!

•STAFF HIGHLIGHT•



Meet Kimberly Reynolds, our new morning Membership Representative. Kim is a mom of 3 and a grandma to 1 grandbaby & 1 on the way. She loves to hike, camp, and has recently discovered a new love of travel.

Kim was excited to join the YMCA team as she appreciates the community minded stance the Y has. Being at the front desk, she loves the socialization that she gets with so many different people, as she's been a Stay At Home Mom for many years.

Kim's fun fact is that she enjoys reading medical journals for fun & loves random medical knowledge.

MARCH CALENDAR

March 13th— Princess Party for Preschool
March 13th— Hiking Day at Brownstown with Hiking Club
March 14th— Dinosaur Hunt for Preschool
March 16th— Family Night*
March 18th—Last day of Fundamental Soccer Registration
March 20th—Last day of Salem Soccer Club Registration
Week of March 21st— NO MA Programming
March 22nd–26th— Spring Break Camp*

*pre-registration required

ABOUT YOUR Y

FACILITY HOURS

REGULAR HOURS

| | |
|-------------------|-----------|
| Monday – Thursday | 5AM – 9PM |
| Friday | 5AM – 7PM |
| Saturday | 7AM – 5PM |
| Sunday | 1PM – 5PM |

24/7 access available for members 18 & over, who have waivers signed

KIDS CLUB HOURS*

| | |
|-------------------|--------------|
| Monday – Thursday | 4PM – 7:30PM |
| Friday | 4PM – 7PM |
| Saturday | 9AM – 12PM |

*Children must be checked in an hour before facility closes

*Kids Club is a FREE service offered to Y Members

*Guests may use the service for \$5/visit

LEADERSHIP TEAM

CHIEF EXECUTIVE OFFICER

KRISTY PURLEE – kristy@wcfymca.org

ADMINISTRATIVE MANAGER

DEBBIE RUTHERFORD – debbie@wcfymca.org

YOUTH FIRST DIRECTOR

CHELSEY MILLER – chelsey@wcfymca.org

PRESCHOOL DIRECTOR

ROBIN DEATON – robin@wcfymca.org

FITNESS & WELLNESS COORDINATOR

KIM BEARD – kim@wcfymca.org

YOUTH & FAMILY COORDINATOR

HAILEY JACKSON – hailey@wcfymca.org

MEMBERSHIP ENGAGEMENT COORDINATOR

MELLISA PATE – mellisa@wcfymca.org

